

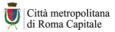


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Sustainability Skills Program for International Catering operators and Entrepreneurs through Integrated Training

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Teacher's manual Module 6

MODULE TITLE

Module 6: How to set up a sustainable business model

HOURS

12-13

SUMMARY OF THE MODULE

This module introduces learners to creating a sustainable business model in the catering sector. Through targeted learning aims, participants will set up priorities, navigate uncertain situations, collaborate effectively and implement sustainable practices. Emphasising a learning mindset, the module covers waste management, menu development, sustainable production and strategic communication. By achieving these aims, learners will enhance their business competence and contribute to environmental and social responsibility in their professional endeavours.

MAIN TOPICS COVERED

- Introduction to sustainable business models
- Making business decisions for sustainability
- Practical application of sustainable business models
- Implementation of sustainable operations
- Developing sustainable menus and offerings
- Engaging employees through gamification in sustainability communication
- Technology-driven continuous improvement





Case study - Max Burgers: A Pioneering Example in Sustainable Catering

ADDRESSED SKILLS

- Define priorities and action plans.
- Make decisions when the result of that decision is uncertain, partial or ambiguous, with a risk of unintended outcomes.
- Handle fast-moving situations promptly and flexibly to solve conflicts and face up to competition.
- Co-operate with others to develop ideas and turn them into action.
- Learn with others, peers and mentors, about both success and failure.
- Find and implement practices coherent with sustainable waste management.
- Develop a menu focused on seasonal ingredients, produced locally, using smaller amounts of animal products in dishes and expanding plant-based dishes.
- Select sustainable production systems for all food and consumables.
- Communicate sustainable ambitions to staff and consumers

SKILLS MEASUREMENT

N°	Skill	Descriptor	Level 1	Level 2	Level 3	Level 4	Level 5
28	Define	Limited ability to find	Struggles	Can find	Demonstr	Effectively	Exceptiona
	Priorities	priorities and develop	to	priorities	ates the	finds	I ability to
	and Action	actionable plans.	prioritise	but	ability to	priorities	set clear
	Plans		and lacks	struggles	find	and	priorities
			clear	with	priorities	develops	and create
				developin	and create	comprehe	highly
				g	basic	nsive	effective





			action	actionable	action	action	action
			plans.	plans.	plans.	plans.	plans.
			·		·		
29	Make	Often makes poor decisions	Struggles	Can make	Demonstr	Consistent	Excels in
	Decisions in	in uncertain situations	to make	decisions	ates the	ly makes	making
	Uncertain	without considering	informed	but may	ability to	well-	strategic
	Situations	potential outcomes.	decisions	not	make	informed	decisions
			in	consider	informed	decisions	in complex
			uncertain	all	decisions	considerin	and
			situations.	potential	in	g all	uncertain
				outcomes.	uncertain	potential	situations,
					situations.	outcomes.	minimizing
							risks.
30	Handle Fast-	Often reacts impulsively in	Struggles	Can	Demonstr	Effectively	Excellently
	Moving	fast-moving situations,	to handle	manage	ates agility	manages	navigates
	Situations	escalating conflicts.	fast-	fast-paced	in	fast-paced	fast-
	and		moving	situations	handling	situations	moving
	Conflicts		situations	but may	fast-	and	situations
			and	struggle in	moving	resolves	and
			conflicts	resolving	situations	conflicts	resolves
			effectively	conflicts.	and	with	conflicts,
			•		conflicts.	flexibility.	keeping
							composur
							e.
					_		
31	Cooperate	Often works independently	Finds it	Can	Demonstr	Works 	Exceptiona
	with Others		challengin	cooperate	ates	seamlessly	l ability to
	for Action	with peers on actionable	g to	but may	collaborati	with	lead and
		projects.	cooperate	face	on skills	others,	collaborat
			with	difficulties	and	turning	e, turning
			others for	in turning	effectively	collaborati	diverse
			common	ideas into	turns	ve ideas	ideas into
			goals.	action.	ideas into	into well-	highly
					actionable	executed	effective
					plans.	plans.	action
							plans.



32	Learn from	Does not reflect on both	Struggles	Recognise	Demonstr	Effectively	Exceptiona
	Success and	success and failure,	to learn	s the	ates	uses both	l ability to
	Failure	repeating mistakes without	from both	importanc	consistent	success	extract
		improvement.	success	e of	learning	and failure	valuable
		'	and failure	learning	from both	as learning	lessons
			experienc	from	success	opportunit	from both
			es.	success	and failure	ies.	success
				and failure	experienc		and
				but may	es.		failure,
				not apply			driving
				consistentl			continuou
				у.			S
				y.			improvem
							ent.
							Circ.
7	Find and	Struggles to recognise the	Limited	Can find	Demonstr	Consistent	Excellently
	Implement	importance of sustainable	understan	practices	ates	ly	finds,
	Sustainable	waste management	ding of	but may	understan	implement	implement
	Waste	practices.	sustainabl	struggle	ding and	s and	s, and
	Manageme		e waste	with	effectively	perfects	innovates
	nt Practices		managem	implement	implement	sustainabl	sustainabl
			ent	ation.	s	e waste	e waste
			practices.		sustainabl	managem	managem
					e waste	ent	ent
					managem	practices.	practices.
					ent		
					practices.		
8	Develop a	Creates menus without	Struggles	Can create	Develop	Consistent	Exceptiona
	Sustainable	consideration for	to	menus	menus	ly creates	I ability to
	Menu and	sustainability.	incorporat	with some	focused	highly	craft
	Offerings		е	sustainabl	on	sustainabl	innovative
			sustainabil	е	sustainabil	e menus	,
			ity	elements	ity with	with a	sustainabl
			principles	but lacks	well-	wide	e menus
			into menu	comprehe	thought-	range of	that set
			developm	nsiveness.	out	environme	industry
			ent.		choices.	ntally	standards.





						conscious	
						choices.	
9	Select	Chooses production systems	Struggles	Can find	Effectively	Consistent	Exceptiona
	Sustainable	without considering	to	sustainabl	selects	ly chooses	I ability to
	Production	sustainability.	evaluate	e options	and	highly	assess,
	Systems		and select	but may	justifies	sustainabl	select, and
			sustainabl	struggle in	sustainabl	е	implement
			е	justifying	е	productio	cutting-
			productio	choices.	productio	n systems	edge
			n systems.		n systems	with clear	sustainabl
					for the	justificatio	е
					business.	ns.	productio
							n systems.
10	Communica	Struggles to convey	Finds it	Can	Effectively	Communic	Exceptiona
	te	sustainable ambitions and	challengin	convey	communic	ates	l ability to
	Sustainable	lacks a clear communication	g to	sustainabl	ates	sustainabl	articulate
	Ambitions	plan.	communic	е	sustainabl	е	and
			ate	ambitions	е	ambitions	convey
			sustainabl	but may	ambitions	clearly,	sustainabl
			е	lack	with	fostering	е
			ambitions	strategies	strategies	engageme	ambitions
			effectively	for	for	nt and	with
				engageme	engageme	awareness	maximum
				nt.	nt and	among	engageme
					awareness	stakeholde	nt and
						rs.	awareness

EXERCISES

Exercise #1 - Define Priorities and Action Plans





• Completion of all module content, including lectures, readings, and assignments.

• Basic knowledge of business principles and catering operations.

This exercise is expected to be completed within 30-45

minutes.

Tools • Access to course materials on the Internet for research.

• Word processing application for completing the assessment.

Addressed skills Define priorities and action plans.

Addressed level of the skills

Objectives

Time

Intermediate level.

1. Assess comprehension of sustainable business practices.

2. Evaluate the ability to create actionable plans for sustainability.

Instructions to the students:

- Read each question/task carefully and supply detailed responses.
- Ensure that your responses are well-structured and clear.
- Use the knowledge and skills bought throughout the module to answer the questions.

Criteria:

CRITERIA		N	OTATIO	N		
	0	1	2	3	4	5
Relevance to the learning aims						
Clarity and depth of response						
Evidence of critical thinking in the decision-making process						
Creativity and innovation in proposing sustainable solutions						
NOTATION			/:	20		





Comments:

- Supply constructive feedback on strengths and suggest areas for improvement.
- Emphasize the importance of real-world applicability and alignment with sustainability principles.

The exercise:

1. Defining Priorities and Action Plans

- Define three sustainability goals for your business model.
- Develop actionable plans for each goal, outlining specific steps and timelines.

2. Sustainable Waste Management Practices

 Find and briefly explain two sustainable waste management practices you have implemented or plan to implement in your business model.

3. Sustainable Menu and Offerings

 Describe how you have created a menu with a focus on seasonal ingredients, local sourcing, reduced animal products, and expanded plant-based options in your business model.

4. Selecting Sustainable Production Systems

 Explain your process for choosing sustainable production systems for food and consumables in your business model, considering ecological footprint reduction.

5. Measuring and Reporting Sustainability Impact

 Explain the key performance indicators (KPIs) or metrics you use to measure the sustainability impact of your business model. Describe how you collect and report data on these KPIs to track and communicate your sustainability achievements.

	Exercise #2 - Make Decisions in Uncertain Situations
Pre-requisites	 Completion of all module content, including lectures, readings, and assignments. Basic knowledge of business principles and catering operations.
Time	This exercise is expected to be completed within 30-45 minutes.
Tools	 Access to course materials on the Internet for research.
	 Word processing application for completing the assessment.





Addressed skills Make decisions in uncertain situations.

Addressed level of the skills

Intermediate level.

Objectives

1. Evaluate the ability to make informed decisions in uncertain circumstances.

2. Measure the skills in handling ambiguity and potential unintended outcomes.

Instructions to the students:

- Read each question/task carefully and supply detailed responses.
- Ensure that your responses are well-structured and clear.
- Use the knowledge and skills bought throughout the module to answer the questions.

Criteria:

CRITERIA		N	OTATIO	N	
	0	1	2	3	4
Relevance to the learning aims					
Clarity and depth of response					
Evidence of critical thinking in the decision-making process					
Consideration of potential unintended outcomes					
Proper citations and references, where applicable					
NOTATION			/20		

Comments:

- Supply constructive feedback on strengths and suggest areas for improvement.
- Emphasize the importance of real-world applicability and alignment with sustainability principles.





The exercise:

1. Making Decisions in Uncertain Situations

• Describe a scenario in which you had to make a critical business decision in an uncertain and ambiguous situation. Explain your decision-making process, including how you considered potential unintended outcomes.

2. Handling Fast-Moving Situations and Conflicts

• Supply an example of a fast-moving situation or conflict you faced in your business model setup. Explain how you proved agility and flexibility to address it effectively.

3. Handling Fast-Moving Situations and Conflicts

• Supply an example of a fast-moving situation or conflict you faced in your business model setup. Explain how you proved agility and flexibility to address it effectively.

		Exercise #3 - Co-operate with Others for Action
Pre-requisites	•	Completion of all module content, including lectures, readings, and assignments. Basic knowledge of business principles and catering operations.
Time		This exercise is expected to be completed within 30-45 minutes.
Tools	•	Access to course materials on the Internet for research.
	•	Word processing application for completing the assessment.
Addressed skills		Cooperate with others for action.
Addressed level of the skills		Intermediate level.
Objectives	1.	Evaluate the capability to work collaboratively on sustainable ideas.
	2.	Assess the ability to turn collaborative ideas into actionable plans.

Instructions to the students:

- 1. Read each question/task carefully and supply detailed responses.
- 2. Ensure that your responses are well-structured and clear.
- 3. Use the knowledge and skills bought throughout the module to answer the questions.





Criteria:

- Relevance to the learning aims.
- Clarity and depth of response.
- Evidence of critical thinking in turning ideas into actionable plans.
- Consideration of collaboration dynamics and individual roles.

Comments:

- Supply constructive feedback on strengths and suggest areas for improvement.
- Emphasize the importance of real-world applicability and alignment with sustainability principles.

The exercise:

1. Co-operating with Others for Action

• Describe a collaborative project in which you worked with peers or team members to develop innovative sustainability ideas. Explain how these ideas were turned into actionable plans aligned with sustainability principles.

2. Communicating Sustainable Ambitions

• Outline your strategy for effectively communicating your sustainable ambitions and initiatives to your staff and consumers, promoting engagement and awareness.

FINAL TASK OF THE MODULE

	FINAL TASK MODULE 6: Sustainable Business Model Design		
Pre-requisites	 Completion of all module content, including lectures, readings, and assignments. Basic knowledge of business principles and catering operations. 		
Time	3 hours		
Tools	Access to a shared digital platform for collaborative work (e.g., Accade) and presentation software (Canva/PowerPoint).		
Addressed skills	Define priorities and action plans.		
	Make decisions in uncertain situations.		
	Cooperate with others for action.		
	 Find and implement sustainable waste management practices. 		
	 Develop a sustainable menu and offerings. 		
	Select sustainable production systems.		
	Communicate sustainable ambitions		





Addressed level ofIntermediate level, assuming a foundational understanding of the skills module concepts and principles.

Topic area Designing a Sustainable Business Model in the Catering Sector

Objective(s)

- 1. Apply theoretical knowledge gained throughout the module to create a comprehensive and sustainable business model.
- 2. Encourage creativity and innovation in developing ideas for a sustainable business in the food sector.

Instructions to the students:

- 1. Group Formation (30 minutes):
 - Form groups of [number] students, considering diverse skill sets within the group.
 - Choose a team leader to ease collaboration.
- 2. Brainstorming Session (1 hour):
 - Utilize a shared digital platform for collaborative brainstorming (e.g., Accade).
 - Explore ideas for a sustainable business model in the food sector.
 - Discuss potential themes, unique selling points, and sustainability goals.
- 3. Conceptualization and Planning (1.5 hours):
 - Refine and narrow down the chosen idea for the sustainable business.
 - Define the core concept, target audience, and key offerings.
 - Outline sustainability goals, operational plans, and financial projections.
- 4. Preparation for Presentation (30 minutes):
 - Use Canva/PowerPoint to create a visually appealing presentation.
 - Each group should prepare a 15-minute presentation.

Criteria:

- **Concept and Innovation (20%):** Uniqueness and creativity of the sustainable business concept.
- **Sustainability Integration (25%):** Depth of sustainability considerations in the business model.
- **Feasibility and Practicality (20%):** Practicality of operational plans and financial projections.
- Communication and Presentation (15%): Clarity, structure, and effectiveness of the presentation.
- **Collaboration and Teamwork (10%):** Degree of collaboration and contribution from each team member.
- **Q&A Responses (10%):** Ability to articulate and defend aspects of the business model during the Q&A.





CRITERIA	NOTATION				
	RATING %				
Concept an	d Innovation				
Uniqueness and creativity of the sustainable business concept		20%			
Sustainabili	ty Integration				
Depth of sustainability considerations in the business model		25%			
Feasibility a	nd Practicality				
Practicality of operational plans and financial projections		20%			
Communication	and Presentation	on			
Clarity, structure, and effectiveness of the presentation		15%			
Collaboration	and Teamwork				
Degree of collaboration and contribution from each team member		10%			
Q&A R	esponses				
Ability to articulate and defend aspects of the business model during the Q&A		10%			
NOTATION		/100			

Added material: Supply a sample breakdown of operating expenses to aid in the financial planning section.

Comments: This final project is designed to be a practical application of the module content,





encouraging students to synthesise their learning into a practical and innovative sustainable business model in the food sector. Teamwork, creativity and effective communication will be key elements of this exercise.

SUGGESTED SCHEDULE

HOURS	ACTIVITIES		
1	Chapter 1		
1	Chapter 2		
1	Chapter 3		
1	Chapter 4		
1	Chapter 5		
1	Chapter 6		
1	Chapter 7		
1	Chapter 8		
30-45 min	Exercise 1		
30-45 min	Exercise 2		
30-45 min	Exercise 3		
1,5-2	Final task		

PEDAGOGICAL SUGGESTIONS AND GENERAL REMARKS





Pedagogical Suggestions

- Active Engagement
- Peer Review and Collaboration
- Reflection and Application

Additional Materials

- Case Studies and Guest Speakers
- Interactive Simulations and Gamification
- Guidelines and Professional Development Resources (Capstone)

General Remarks to Teachers

- Encourage Flexibility and Adaptability
- Promote Critical Thinking
- Supply Networking Opportunities (Capstone)